

# What is Lettering?

Lettering is the drawing of letters & words by breaking down their form into single brush strokes.

It isn't writing which focuses on the message.

Lettering amplifies the message or story of your chosen words.

## TO USE THIS GUIDE

Take your brush pen and either:

1. Letter directly onto this guide or
2. Tracing using baking paper to reuse this guide.



## TAKE BREAKS

Set a timer every 15 min to rest your hands, back, body & eyes.  
Sit upright to let yourself see your whole work.

# Consistency & Persistence

Monday  
11 Oct 2021

TUESDAY  
12 Oct 2021

WEDNESDAY  
thirteenth October 2021

Thursday  
14 Oct 2021

Friday  
15  
October

SATURDAY  
16 OCT 21

Sunday  
17  
October  
2021

The Nifty Little Guide to

# Brush Lettering



the  
PSYCHO  
letterer

# Basic Strokes



## THICK DOWN STROKES

Hold your pen at an angle to the page to allow the whole side of the nib to press against the page. 'Pull' the pen towards you with an intentional stop.



## THIN UP STROKES

Hold the angle but raise the pen to allow only the tip to touch the paper. Rest & glide the pen tip away from you.



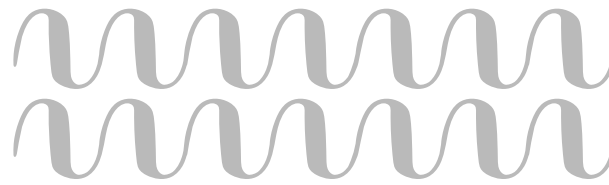
## U STROKES

Begin with a thick down stroke. Lift pressure to curve into the thin up stroke. Maintain the 45 degree for this & all strokes. Don't flick at the end.



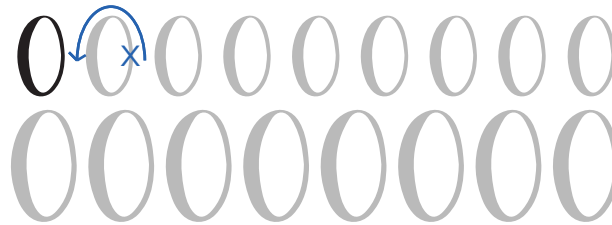
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Begin with a thin up stroke. Apply pressure to curve into the thick down stroke. Finish deliberately.



## COMPOUND PATH

Extending n & u strokes.



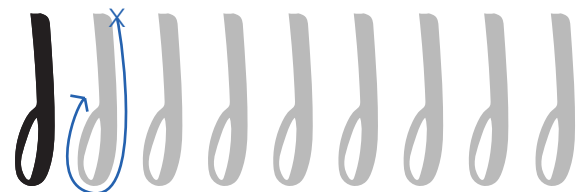
## OVALS

Start at the x. Finish by overlapping the thin strokes.



## ASCENDING LOOP

Thin up stroke starting from the x. Curve down to a thick down stroke. Let the down stroke overlap the x point for a clean loop.



## DESCENDING LOOP

Thick down stroke starting from the x. Curve into a thin up stroke. Finish look inside the thick stroke for a clean loop.

# Alphabet

o i a l o b c c o l d e e f f o j g

h h i j k k i n n m i n n

o o p p o f r s s t t u u

v v w v x u y z z

A B C D E F G H I J

K L M N O P Q R S

T U V W X Y Z

1 2 3 4 5 6 7 8 8 9 0